

Power Pinball

A virtual reality pinball game designed to support you in managing pain and physical discomfort through play. Keeping the ball in the game gives your mind something to focus on and gets your body moving at a pace that suits you.



How the Game Works

Pinball is a classic arcade game. A ball rolls down a slanted game board, called a table, and your job is to keep hitting it back up so it doesn't fall into the gutter at the bottom. Along the way, you hit targets and complete mini-games to score points.

In Power Pinball, you play in virtual reality. Instead of pressing buttons, you hit the ball by moving your body: turning your head, paddling, or swinging paddles in your hands.

There are three tables to choose from, each with its own theme and challenges:



Carnival

A classic table. Trigger the animals, hit the targets, and activate the strong man.



Magic Garden

Roll up the ramps, hit the tortoise, and bring the garden to life.



UFO

Defeat the evil alien mastermind and his minions, wave by wave.

1 Pick a Table

Choose Carnival, Magic Garden, or UFO.

2 Choose Your Settings

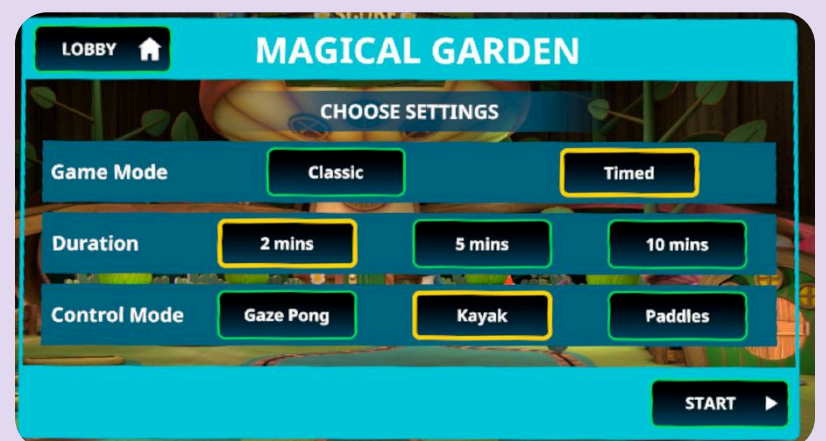
Play Classic with 3 balls, or Timed for 2, 5, or 10 minutes.

3 Choose How You Move

Pick the control mode that fits you today.

4 Play!

Hit the ball back up the table and keep it out of the gutter.



Choose How You Move

- **Gaze Pong:** Turn your head to guide a shield.
- **Kayak:** Use a two-handed paddle.
- **Paddles:** Hold a paddle in each hand.

Not sure which one is right for you? Ask your clinician or coach.

Play Safe and Comfortable

- Play sitting or standing. Stand only if it's safe for you or your clinician has approved it.
- Clear the space around you before you start.
- Start short and gentle, and build up over time.
- Feel pain, dizziness, or discomfort? Stop and take a break.